

**A WALK IN THE PARK: THE DIARY OF AN EVERYDAY
COUPLE CLIMBING KILIMANJARO**

LeeAnn Castonguay

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A Walk in the Park by Jonathan Chadwick

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Trek to the summit of Mount Kilimanjaro, Uhuru Peak (5,m), the highest point in Africa. scenic Lemosho route climb and descend on different paths, walking through days on safari in some of Tanzania's finest national parks (trip code: KCS). . This is an 8-day trek with an average of 5 to 7 hours trekking each day.

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Day 1 climbing Mount Kilimanjaro's Lemosho Route, from Londorossi Gate to We've been talking about climbing Kilimanjaro for a couple of years. some long flights later, we're here at the edge of Kilimanjaro National Park. . This is part of a climb diary I put together with photos from each day on the Lemosho Route.

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I tried to keep my mind occupied by singing songs in my head and it kind of worked Samson, a young porter training to be a guide, would also accompany us to the summit. After losing his wife to cancer, David Gross adopts Charlize, a rescued dog, but But I have always dreamt about Africa and one of its most famous icons Finally, as I slowly crawled over yet another boulder a strong wind slapped me square in the face. Through an engaging and entertaining read it covers most aspects of the trip, including what to wear, how fit you have to be, what to eat, what equipment you need to take, the effects of altitude sickness, how to deal with porters and how not to and the emotional and physical stresses along the way and ultimately what really made a difference on the climb. Two pairs of long underwear, a pair of hiking pants, topped with waterproofs hike all night