

CHRISTIAN STRESS MANAGEMENT COURSE

Carole I. Mecca

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Christian Stress Management Course teaches you how to manage stress effectively by combining time-tested principles from the Bible with medically proven.

Dwight Bain, M.A.; Eric Scalise, Ph.D. & Jennifer Cisney, M.A.. There is a pressing need for competent Christian stress management coaches today. Dwight Bain.

Learn to offer stress relief & management and relief training to individuals, Below, watch what Kathleen Brooks, a certified Master Christian Life Coach, Joy .

Christian stress management teaches you effective stress management by combining Biblical principles with medical techniques.

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